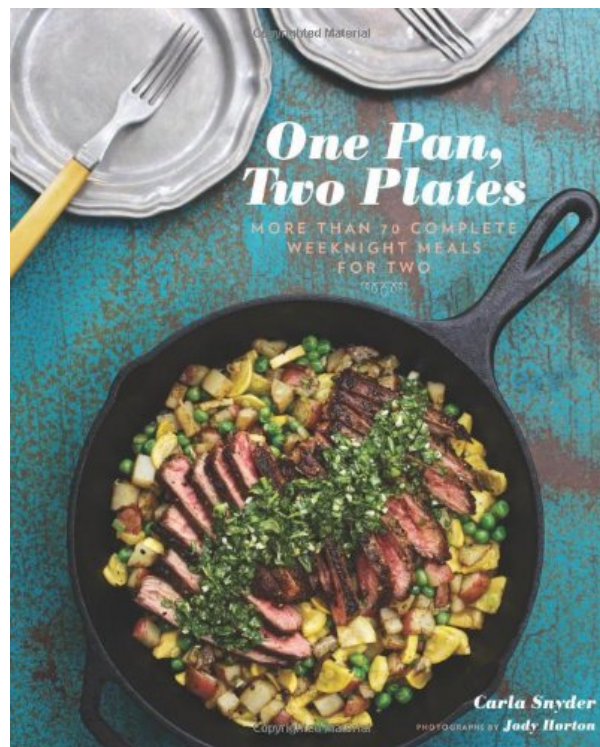
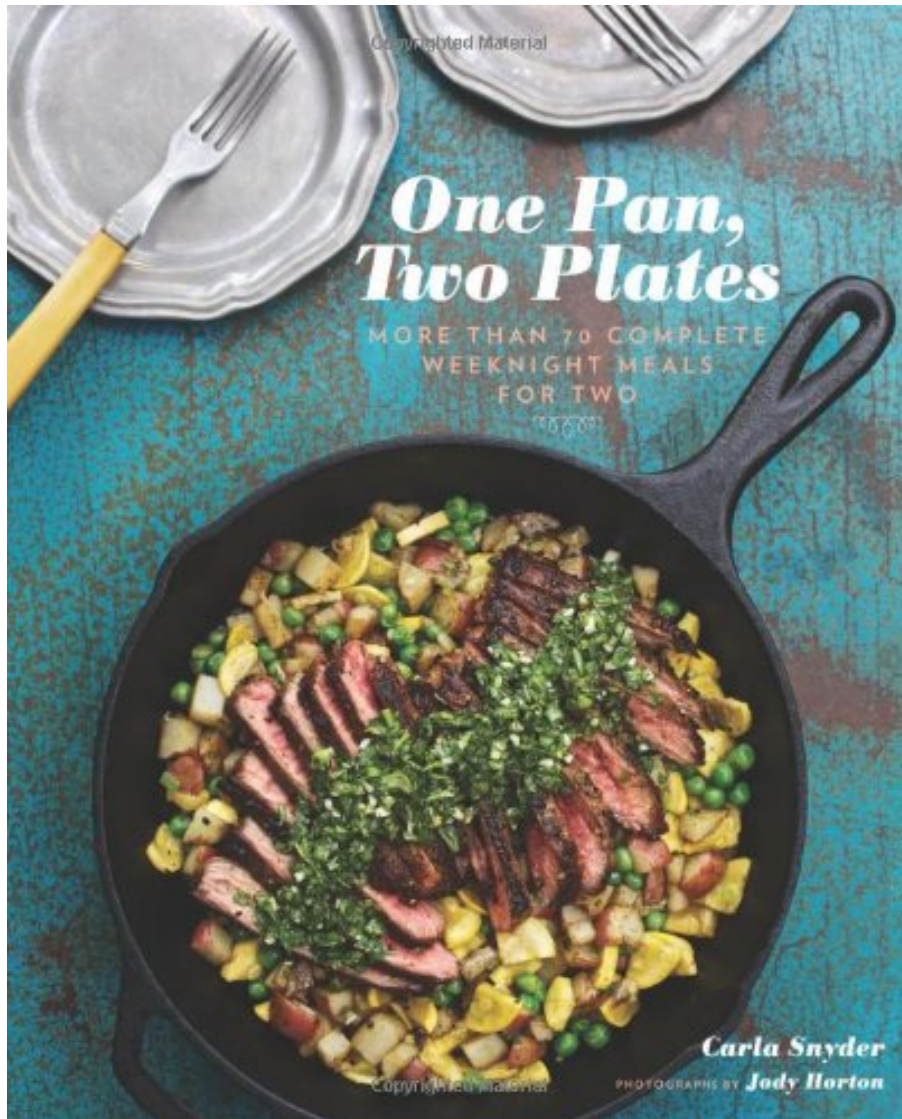


# ONE PAN, TWO PLATES: MORE THAN 70 COMPLETE WEEKNIGHT MEALS FOR TWO BY CARLA SNYDER



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## **About the Author**

Carla Snyder has spent the past 30 years in the food world as a caterer, artisan baker, cooking school teacher, culinary team-building company owner, freelance food writer, and co-author of five cookbooks, including the James Beard–nominated Big Book of Appetizers. She lives in Ohio.

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One pan + fresh ingredients = dinner for two! With an emphasis on reducing prep time and the usual sinkful of dishes, cooking instructor Carla Snyder serves up the ideal couple's guide to simple, complete, and truly delicious meals—imagine Balsamic Braised Chicken Thighs with Figs and Creamy Polenta or Thyme-Rubbed Salmon with Shallots and Caramelized Cauliflower "Risotto"—that can be made in one skillet, in less than 60 minutes. With recipes for home-cooked pasta, grains, sandwiches, beef, pork, chicken, and seafood, plus wine or beer pairings for each dish, One Pan, Two Plates will nourish couples, from newlyweds to empty nesters, every night of the week.

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## Features

- By Carla Snyder
- Paperback
- 208 pages
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## Most helpful customer reviews

115 of 118 people found the following review helpful.

Can't go wrong with this cookbook.

By R Blasi

This is my new favorite cookbook. I've cooked half a dozen recipes so far and skimmed the rest to make sure my initial impressions are accurate. First off, the meals themselves are tasty and pleasing to the eye. Second, the ingredients are easy to shop for. The items and their specified sizes are easy to find at the local grocery store, and I find that it takes me 20 minutes to buy the half dozen items that I don't already have on hand.

Third, the recipes are incredibly well-written. The stated prep and cook times are accurate, the instructions are detailed, and there are sidebars that explain, e.g., how to clean leeks or any other recipe-specific tasks that you need to perform. Fourth, every recipe includes a wine recommendation and a salad recommendation, which I find incredibly helpful for assembling the meal. Fifth, every recipe is designed to be prepared with a minimum of cleanup, with a 12" skillet being the primary cooking utensil of choice. If you cook for two, or plan too, then I don't think you can go wrong with this cookbook.

104 of 107 people found the following review helpful.

Only cooking out of this book until I've made everything.

By E. Ward

Cooking is something I really enjoy and I cook 5-6 nights a week after long days at work. I buy a lot of cookbooks and find that I make one or two recipes out of them and then they get shelved. This book, however, has been amazing. I've basically been cooking through it, choosing one recipe from each section for each trip to the grocery store I make. I also have celiac, and therefore must eat gluten-free, and these recipes are easily adapted if necessary for those with dietary restrictions (she does point out those that are vegetarian or that can easily be made vegetarian). And there's wine pairings. The book is amazing.

Things I like about this book:

- 1) Most of these dishes can be made in 45 minutes or less, including prep. I may cook a lot, but it still takes me a while to prepare my mise en place.
- 2) Meat and vegetables. Occasionally starch/carbohydrate. Perfect and healthy.
- 3) Excellent size portions - some can be quite large, so a third portion can be saved for lunch during the workweek.
- 4) Many of the recipes use similar ingredients (carrots, onion, celery, etc.) and you can easily plan to make 3-4 meals to use up all the produce before it goes bad.
- 5) No dessert section. I'm so tired of cookbooks that claim to have so many recipes but 40 of them are for sugar-laden treats. Yay, actual food.

This book basically cooks meals like the ones I enjoy at my most frequented, favorite restaurants. The recipes are easy to follow, she offers little tips to increase the ease and for substitutions, and seriously, once you've heated the oil in the pan, delicious food meets your plate in minutes.

I really hope more books like this come to market.

78 of 83 people found the following review helpful.

Great Cookbook

By B. Swann

I have really enjoyed this book. I made my 5th item from it last night. We really enjoy these recipes - easy to follow - fresh ingredients. Last night I made the Thyme Roasted Pork Medallions with the rutabaga, pear mash. I thought this might be a little over the top for us, but it was wonderful and a new favorite in my house. The other thing I like is that the portions are realistic - sometimes books for two produce a meal that is way too small - these have been right on target and they contain plenty of vegetables. Can't wait to try more.

See all 162 customer reviews...

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